

BLOG TALK RADIO SHOW: Are You Living Your Core Values?

"Ladies For Such A Time As This"
with Rosalynd M. Rambert &
Sandra Haynes Sawyer, Esq.
Every 1st & 3rd Saturday
10:00—10:30 AM EST



CALLING ALL LADIES!

Have you identified your core values?

Is your life and core values in alignment?

Are you "consciously" living "your" core values?

"When you achieve complete congruence between your values and your goals, like a hand in a glove, you feel strong, happy, healthy, and fully integrated as a person. You develop a kind of courage that makes you completely unafraid to make decisions and take action. Your whole life improves when you begin living your life by the values that you most admire."~Brian Tracy

To truly live a life of fulfillment, harmony, meaning, satisfaction and greatness, one must be true to themselves by honoring their core values. Have you identified your core values? Are you living a life aligned with your values?

Your values are your guiding principles, the things that mean the most to you. Like a compass, your values dictate the choices you make and determines your life's

direction.

Your core values must be the driving force in your life. We all have and live by values, the question is: *“Are you consciously living core values “you” have chosen to help you live your best life now?* Many people are not consciously aware that they are living values inherited from their parents and/or have adopted values based on societal influences, that are NOT serving them. It’s time to live your life on purpose.

Please join me and my co-host Sandra Haynes Sawyer as we discuss the importance of identifying and consciously living your core values, on Saturday, May 18 from 10:00 AM -10:30 AM EST.

We look forward to you tuning in, **“For Such A Time As This!”**

Have a FANSPIRING day!

<http://www.blogtalkradio.com/ladies-for-such-a-time-as-this/2013/05/18/are-you-living-your-core-values>

What’s Really Going On In Your Subconscious Mind?: The Power of the Subconscious Mind



THANK YOU TO ALL THE LADIES WHO TUNED INTO OUR SHOW TODAY! If you were unable to join us, due to the magic of technology, you can listen to the playback at <http://www.blogtalkradio.com/ladies-for-such-a-time-as-this/2013/02/16/whats-really-going-on-in-your-mind>

CALLING ALL LADIES!

DO YOU REALLY KNOW WHAT'S GOING ON IN YOUR SUBCONSCIOUS MIND?

Join me and Sandra H. Sawyer, Esq. on Blog Talk Radio, for a powerful 30-minute discussion on *"What's Really Going On In Your Mind: The Power of the Subconscious Mind,"* on Saturday, February 16 from 10:00 – 10:30 AM EST.

"Our subconscious minds have no sense of humor, play no jokes and cannot tell the difference between reality and an imagined thought or image. What we continually think about eventually will manifest in our lives." ~ Robert Collier

The captain of your ship, which is your conscious mind, is responsible for navigating your life. When you make a conscious decision to do something, the subconscious mind is responsible for carrying out the order. What's going on in your subconscious mind, will determine how the order is carried out. Some of you may feel as if your ship is either

steering out of control or headed in the wrong direction. Join us on Saturday, as we discuss why this may be happening and what you can do to get back on course. (Please be sure to read "4 Powerful Ways to Reprogram Your Subconscious Mind To ASPIRE TO GREATNESS.")

To join us on the air, simply click on the image or link below or dial in at (714) 409-0612. Be sure to invite a friend.



You don't want to miss it; so let's hear you on the line ladies... "For Such A Time As This!"

WHO KNOWS IF YOU WERE PLACED IN YOUR JOB, BUSINESS, COMMUNITY, CHURCH, MARRIAGE, RELATIONSHIPS FOR SUCH A TIME AS THIS!

We look forward to you tuning in.

Always Aspiring,

Rosalynd

<http://www.blogtalkradio.com/ladies-for-such-a-time-as-this/2013/02/16/whats-really-going-on-in-your-mind>