

# BLOG TALK RADIO SHOW: Are You Living Your Core Values?

*"Ladies For Such A Time As This"*  
with Rosalynd M. Rambert &  
Sandra Haynes Sawyer, Esq.  
Every 1st & 3rd Saturday  
10:00—10:30 AM EST



**CALLING ALL LADIES!**

*Have you identified your core values?*

*Is your life and core values in alignment?*

*Are you "consciously" living "your" core values?*

**"When you achieve complete congruence between your values and your goals, like a hand in a glove, you feel strong, happy, healthy, and fully integrated as a person. You develop a kind of courage that makes you completely unafraid to make decisions and take action. Your whole life improves when you begin living your life by the values that you most admire."~Brian Tracy**

To truly live a life of fulfillment, harmony, meaning, satisfaction and greatness, one must be true to themselves by honoring their core values. Have you identified your core values? Are you living a life aligned with your values?

Your values are your guiding principles, the things that mean the most to you. Like a compass, your values dictate the choices you make and determines your life's

direction.

**Your core values must be the driving force in your life.** We all have and live by values, the question is: *“Are you consciously living core values “you” have chosen to help you live your best life now?* Many people are not consciously aware that they are living values inherited from their parents and/or have adopted values based on societal influences, that are NOT serving them. It’s time to live your life on purpose.

Please join me and my co-host Sandra Haynes Sawyer as we discuss the importance of identifying and consciously living your core values, on Saturday, May 18 from 10:00 AM -10:30 AM EST.

We look forward to you tuning in, **“For Such A Time As This!”**

Have a FANSPIRING day!

<http://www.blogtalkradio.com/ladies-for-such-a-time-as-this/2013/05/18/are-you-living-your-core-values>